

Moving ministries forward, together.

Whole Life Stewardship: Gratitude Practices

The following ideas are offered to help stewardship leaders develop a culture of gratitude in your community of faith.

- Offer a reflection on scripture about gratitude in the church's communications. (Psalm 107:1; Colossians 3:15 & 17; 1Thessalonians 5:18; Ephesians 5:19-20)
- Utilize social media to ask people what they're thankful for; encourage them to add a photo.
- Identify a high-traffic area and create a gratitude display there. Ask people to write what they're thankful for on sticky notes and post them, bring a photo and share it, or install a whiteboard or chalkboard and let people write on it.
- Send personal, handwritten notes of appreciation to volunteers and ministry leaders.
- Designate a Sunday as Gratitude Sunday to give thanks for ministries, people, and gifts. Prior to that Sunday, have children draw what they're thankful for and share those during the service.
- Say prayers of thanksgiving during worship.
- Share a Gratitude Report: include people's gifts of treasure as well as time/talent and impact numbers (ex. how many sang in the choir for Christmas Eve, how many meals were served for an outreach, etc.)
- Preprint gratitude postcards and invite everyone to take 5 and send them with a note to someone from the church for whom they are grateful.
- Explore resources such as <u>The Greater Good Science Center</u>, <u>Grateful Living</u>, and <u>A 7-Day Guide to Gratitude</u>.